|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *DATE* | *PLAT* | **FEVES**  déficit en glucose-6-phosphate déshydrogénase | **ARACHIDE** | **CELERI** | **CRUSTACE** | **FRUITS A COQUE** | **GLUTEN** | **LAIT**  **LACTOSE** | **LUPIN** | **MOLLUSQUES** | **MOUTARDE** | **OEUFS** | **POISSON** | **SOJA** |
| ***LUNDI 4*** | ***HARICOTS BEURRE*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***POISSON SCE CITRON*** |  |  |  |  |  |  | ***x*** |  |  |  |  | ***x*** |  |
|  | ***EPINARDS*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***KIRI*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***GALETTE BRIOCHE*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  | ***x*** |  |  |
| ***MARDI 5*** | ***SALADE DE RIZ THON*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***GIGOT D AGNEAU CREME AIL*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FLAGEOLET*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***BRIE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***CLEMENTINES*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***MERCREDI 6*** | ***CŒUR DE PALMIER*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***OMELETTE POMME DE TERRE*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***FROMAGE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FRUIT*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***JEUDI 7*** | ***CELERI POMME*** |  |  | ***x*** |  |  |  | ***x*** |  |  | ***x*** | ***x*** |  |  |
|  | ***OMELETTE POMME DE TERRE*** |  |  |  |  |  |  |  |  |  |  | ***x*** |  |  |
|  | ***FROMAGE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***COMPOTE*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***VENDREDI 8*** | ***SALADE GOUDA*** |  |  |  |  |  |  | ***x*** |  |  | ***x*** |  |  |  |
|  | ***POULET ROTI*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***PUREE PATATE DOUCE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***PETIT SUISSE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

***Cette communication ne substitue pas un PAI.***

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *DATE* | *PLAT* | **FEVES**  déficit en glucose-6-phosphate déshydrogénase | **ARACHIDE** | **CELERI** | **CRUSTACE** | **FRUITS A COQUE** | **GLUTEN** | **LAIT**  **LACTOSE** | **LUPIN** | **MOLLUSQUES** | **MOUTARDE** | **OEUFS** | **POISSON** | **SOJA** |
| ***LUNDI 11*** | ***BOUILLON POT AU FEU*** |  |  | ***x*** |  |  | ***x*** |  |  |  |  |  |  |  |
|  | ***POT AU FEU*** |  |  | ***x*** |  |  |  |  |  |  |  |  |  |  |
|  | ***LEGUMES*** |  |  | ***x*** |  |  |  |  |  |  |  |  |  |  |
|  | ***VACHE QUI RIT*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***CREME DESSERT*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
| ***MARDI 12*** | ***SALADE AVOCAT*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***CHIPOLATAS*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***LENTILLES*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***YAOURT NATURE SUCRE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
| ***MERCREDI 13*** | ***ŒUF DUR MAYONNAISE*** |  |  |  |  |  |  | ***x*** |  |  | ***x*** | ***x*** |  |  |
|  | ***ROTI DE VOLAILLE*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***PETIT POIS ¨PAYSANNE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FROMAGE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FRUIT*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***JEUDI 14*** | ***LENTILLES*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***SPAGHETTI*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  |  |  |  |
|  | ***BOLOGNAISE LEGUMES*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***TOMME*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***POIRE CHOCOLAT*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
| ***VENDREDI 15*** | ***SALADE DE CHOUX*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***POISSON BEURRE BLANC*** |  |  |  |  |  |  | ***x*** |  |  |  |  | ***x*** |  |
|  | ***RIZ PILAFF*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***CAMEMBERT*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***POMME*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *DATE* | *PLAT* | **FEVES**  déficit en glucose-6-phosphate déshydrogénase | **ARACHIDE** | **CELERI** | **CRUSTACE** | **FRUITS A COQUE** | **GLUTEN** | **LAIT**  **LACTOSE** | **LUPIN** | **MOLLUSQUES** | **MOUTARDE** | **OEUFS** | **POISSON** | **SOJA** |
| ***LUNDI 18*** | ***ENDIVES KIRI*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***ROTI DE PORC MOUTARDE*** |  |  |  |  |  |  | ***x*** |  |  | ***x*** |  |  |  |
|  | ***HARICOTS VERTS*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FROMAGE BLANC*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
| ***MARDI 19*** | ***RUTABAGA AUX LEGUMES*** |  |  |  |  |  |  |  |  |  | ***x*** | ***x*** |  |  |
|  | ***ŒUFS BROUILE*** |  |  |  |  |  |  |  |  |  |  | ***x*** |  |  |
|  | ***POTATOES*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***CANTAL*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***BANANE*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***MERCREDI 20*** | ***POTAGE*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***HAMBURGER*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  | ***x*** |  |  |
|  | ***SALADE*** |  |  |  |  |  |  |  |  |  | ***x*** |  |  |  |
|  | ***FROMAGE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FRUIT*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***JEUDI 21*** | ***TABOULE FETA*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***BŒUF BOURGUIGNON*** |  |  |  |  |  | ***x*** |  |  |  |  |  |  |  |
|  | ***CAROTTES*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***PAIN PERDU*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  | ***x*** |  |  |
| ***VENDREDI 22*** | ***POTAGE LEGUMES*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***BRANDADE MORUE*** |  |  |  |  |  |  | ***x*** |  |  |  |  | ***x*** |  |
|  | ***BRIE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***POIRE*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *DATE* | *PLAT* | **FEVES**  déficit en glucose-6-phosphate déshydrogénase | **ARACHIDE** | **CELERI** | **CRUSTACE** | **FRUITS A COQUE** | **GLUTEN** | **LAIT**  **LACTOSE** | **LUPIN** | **MOLLUSQUES** | **MOUTARDE** | **OEUFS** | **POISSON** | **SOJA** |
| ***LUNDI 25*** | ***SARDINES*** |  |  |  |  |  |  |  |  |  |  |  | ***x*** |  |
|  | ***SAUTE DE PORC*** |  |  |  |  |  | ***x*** | ***x*** |  |  | ***x*** |  |  |  |
|  | ***POTIMARRON CREME CURRY*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***ST NECTAIRE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***KIWI*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***MARDI 26*** | ***PAMPLEMOUSSE ORANGE*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***LAPIN*** |  |  |  |  |  |  | ***x*** |  |  | ***x*** |  |  |  |
|  | ***NOUILLE*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  |  |  |  |
|  | ***CREME DESSERT*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
| ***MERCREDI 27*** | ***PIZZA*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  |  |  |  |
|  | ***CORDON BLEU*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  | ***x*** |  |  |
|  | ***BROCOLIS*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FROMAGE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FRUIT*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ***JEUDI 28*** | ***CAROTTES*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***CHILI AUX LEGUMES*** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | ***GRUYERE*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***CAKE PEPITE CHOCOLAT*** |  |  |  |  |  | ***x*** | ***x*** |  |  |  | ***x*** |  |  |
| ***VENDREDI 29*** | ***PIEMONTAISE*** |  |  |  |  |  |  | ***x*** |  |  | ***x*** | ***x*** |  |  |
|  | ***COLIN*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***EPINARDS CREME*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  | ***FROMAGE BLANC ET ANANAS*** |  |  |  |  |  |  | ***x*** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |