

## TABLEAU ALLERGENE

| Juillet    |                                      | Arachide | Sésame | Céleri | Crustacés | fruits à coque | Céréales<br>(contenant du<br>gluten) | Lait (lactose) | Mollusques et<br>gastéropodes | Poisson | Soja | Moutarde | Oeufs | Lupin | anhydride<br>sulfureux et<br>sulfites <10ppm |
|------------|--------------------------------------|----------|--------|--------|-----------|----------------|--------------------------------------|----------------|-------------------------------|---------|------|----------|-------|-------|----------------------------------------------|
| du 6 au 10 |                                      |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
| LUNDI      | Pastèque                             |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Poulet basquaise FM                  |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Riz                                  |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | 0                                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Yaourt aux fruits                    |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                              |
| MARDI      | Taboulé FM                           |          |        |        |           |                | X                                    |                |                               |         |      |          |       |       |                                              |
|            | Rôti de porc                         |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Petits pois                          |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                              |
|            | Fromage                              |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                              |
|            | Nectarines                           |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
| MERCREDI   | Macédoine et œufs durs FM            |          |        |        |           |                |                                      |                |                               |         |      | X        | X     |       |                                              |
|            | Pâtes aux légumes et fromage rapé FM |          |        |        |           |                | X                                    | X              |                               |         |      |          |       |       |                                              |
|            | 0                                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Fruit                                |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Crème dessert                        |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                              |
| JEUDI      | Salade verte fromage et croutons     |          |        |        |           |                | X                                    | X              |                               |         |      | X        |       |       |                                              |
|            | Poisson                              |          |        |        |           |                |                                      |                |                               | X       |      |          |       |       |                                              |
|            | Pomme de terre et carottes           |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Abricots                             |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | 0                                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
| VENDREDI   | Carottes rapées                      |          |        |        |           |                |                                      |                |                               |         |      | X        |       |       |                                              |
|            | Lasagnes bolognaise FM               |          |        |        |           |                | X                                    | X              |                               |         |      |          |       |       |                                              |
|            | 0                                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | 0                                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                              |
|            | Glace au yaourt                      |          |        |        |           | X              | X                                    | X              |                               |         |      |          | X     |       |                                              |

*Cette communication ne substitue pas un PAI.*

| du 13 au 17 |                              | Arachide | Sésame | Céleri | Crustacés | fruits à coque | Céréales<br>(contenant du<br>gluten) | Lait (lactose) | Mollusques et<br>gastéropodes | Poisson | Soja | Moutarde | Œufs | Lupin | anhydride<br>sulfureux et<br>sulfites<br><10ppm |
|-------------|------------------------------|----------|--------|--------|-----------|----------------|--------------------------------------|----------------|-------------------------------|---------|------|----------|------|-------|-------------------------------------------------|
| LUNDI       | Salade de chou et fromage FM |          |        |        |           |                |                                      | X              |                               |         |      | X        |      |       |                                                 |
|             | Poisson                      |          |        |        |           |                |                                      |                |                               | X       |      |          |      |       |                                                 |
|             | Epinards en béchamelle FM    |          |        |        |           |                | X                                    | X              |                               |         |      |          |      |       |                                                 |
|             |                              |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Compote                      |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
| MARDI       | Férié                        |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
| MERCREDI    | Salade grecque FM            |          |        |        |           |                |                                      | X              |                               |         |      | X        | X    |       |                                                 |
|             | Pizza au fromage FM          |          |        |        |           |                | X                                    | X              |                               |         |      |          |      |       |                                                 |
|             | Yaourt nature                |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | Fraises                      |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
| JEUDI       | Melon                        |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Saucisse de bœuf             |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Aligot FM                    |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Glace                        |          |        |        |           | X              | X                                    | X              |                               |         |      |          | X    |       |                                                 |
| VENDREDI    | Terrine de campagne          |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Salade niçoise complète FM   |          |        |        |           |                |                                      |                |                               |         |      | X        |      |       |                                                 |
|             | Emincé de porc en salade FM  |          |        |        |           |                |                                      |                |                               |         |      | X        |      |       |                                                 |
|             | Yaourt aux fruits            |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | 0                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |

**Cette communication ne substitue pas un PAI.**

| du 20 au 24 |                                         | Arachide | Sésame | Céleri | Crustacés | fruits à coque | Céréales<br>(contenant du<br>gluten) | Lait (lactose) | Mollusques et<br>gastéropodes | Poisson | Soja | Moutarde | Oeufs | Lupin | anhydride<br>sulfureux et<br>sulfites<br><10ppm |
|-------------|-----------------------------------------|----------|--------|--------|-----------|----------------|--------------------------------------|----------------|-------------------------------|---------|------|----------|-------|-------|-------------------------------------------------|
| LUNDI       | Concombres                              |          |        |        |           |                |                                      |                |                               |         |      | X        |       |       |                                                 |
|             | Salade de pâtes au poulet FM            |          |        |        |           |                | X                                    |                |                               |         |      | X        | X     |       |                                                 |
|             | Fromage                                 |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                                 |
|             | Pêche melba                             |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                                 |
|             | O                                       |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
| MARDI       | Pastèque                                |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Poisson à la crème                      |          |        |        |           |                |                                      | X              |                               | X       |      |          |       |       |                                                 |
|             | Riz                                     |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | O                                       |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Gâteau au chocolat FM                   |          |        |        |           |                | X                                    | X              |                               |         |      |          | X     |       |                                                 |
| MERCREDI    | Salade de tomates FM                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Croissants au jambon                    |          |        |        |           |                | X                                    | X              |                               |         |      |          |       |       |                                                 |
|             | Salade                                  |          |        |        |           |                |                                      |                |                               |         |      | X        |       |       |                                                 |
|             | Fromage                                 |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Cerises                                 |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                                 |
| JEUDI       | Lentilles                               |          |        |        |           |                |                                      |                |                               |         |      | X        |       |       |                                                 |
|             | Poulet à l'ananas FM                    |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Pomme de terre rôties et haricots verts |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Fromage blanc                           |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                                 |
|             | Fruit                                   |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
| VENDREDI    | Battonnets de légumes                   |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Pain bagnat aux légumes marinés         |          |        |        |           |                | X                                    | X              |                               |         |      | X        | X     |       |                                                 |
|             | et fromage frais aux herbes FM          |          |        |        |           |                |                                      | X              |                               |         |      |          |       |       |                                                 |
|             | Chips                                   |          |        |        |           |                |                                      |                |                               |         |      |          |       |       |                                                 |
|             | Barre glacée                            |          |        |        |           | X              |                                      | X              |                               |         |      |          |       |       |                                                 |

**Cette communication ne substitue pas un PAI.**

| du 27 au 31 |                                  | Arachide | Sésame | Céleri | Crustacés | fruits à coque | Céréales<br>(contenant du<br>gluten) | Lait (lactose) | Mollusques et<br>gastéropodes | Poisson | Soja | Moutarde | Œufs | Lupin | anhydride<br>sulfureux et<br>sulfites<br><10ppm |
|-------------|----------------------------------|----------|--------|--------|-----------|----------------|--------------------------------------|----------------|-------------------------------|---------|------|----------|------|-------|-------------------------------------------------|
| LUNDI       | Taboulé FM                       |          |        |        |           |                | X                                    |                |                               |         |      |          |      |       |                                                 |
|             | Omelette aux légumes FM          |          |        |        |           |                |                                      |                |                               |         |      |          | X    |       |                                                 |
|             | Salade                           |          |        |        |           |                |                                      |                |                               |         |      | X        |      |       |                                                 |
|             | Fromage                          |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | Fruit                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
| MARDI       | Charcuterie                      |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Poisson                          |          |        |        |           |                |                                      |                |                               | X       |      |          |      |       |                                                 |
|             | Ratatouille et riz FM            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Yaourt nature                    |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | Fruit                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
| MERCREDI    | Tomates mozzarella au basilic FM |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | Rôti de porc                     |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Pâtes                            |          |        |        |           |                | X                                    | X              |                               |         |      |          |      |       |                                                 |
|             | Compote                          |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                                |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
| JEUDI       | Carottes rapées FM               |          |        |        |           |                |                                      |                |                               |         |      | X        |      |       |                                                 |
|             | Emincé de bœuf mariné FM         |          |        |        |           |                |                                      |                |                               |         | X    |          |      |       |                                                 |
|             | Courgettes sautées FM            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | 0                                |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Crème dessert                    |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
| VENDREDI    | Melon                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Sandwich                         |          |        |        |           |                | X                                    |                |                               |         |      |          | X    |       |                                                 |
|             | Chips                            |          |        |        |           |                |                                      |                |                               |         |      |          |      |       |                                                 |
|             | Fromage                          |          |        |        |           |                |                                      | X              |                               |         |      |          |      |       |                                                 |
|             | Glace                            |          |        |        |           | X              | X                                    | X              |                               |         |      |          | X    |       |                                                 |

***Cette communication ne substitue pas un PAI.***

[illegible]